

# LET'S **SHOW** 2020 WHO'S BOSS



JOIN THE  
**NF HERO CHALLENGE**  
FOR FREE THIS SEPTEMBER

AND HELP THE CHILDREN'S  
TUMOUR FOUNDATION **CONQUER NF**

[www.ctf.org.au/events/nfhc](http://www.ctf.org.au/events/nfhc)

# every 3 days A child is born WITH NF IN AUSTRALIA.

Neurofibromatosis or NF is a genetic condition that leads to a lifetime of uncertainty and tumours. It is painful, progressive and there is no cure. But there is hope.

## September is NF HERO MONTH.

That gives you 30 days to complete a challenge that tests you physically, mentally or emotionally.

You could choose a single day to complete it or challenge yourself every day for a month.

What you choose to do is up to YOU!

Take the PLUNGE



DARE TO SHAVE



WHY?  
BECAUSE NO TWO  
CASES OF NF ARE THE SAME.

SO WHY SHOULD THE NF  
CHALLENGE BE ANY  
DIFFERENT?



TUMOURS  
SHOULD NEVER BE A  
PERSON'S NORMAL

Whether you are working from home or the office, what better way to cultivate connectedness amongst team members than by supporting an important cause - while having loads of fun!

**REGISTER YOUR WORKPLACE TEAM**  
**WWW.CTF.ORG.AU/NFHEROCHALLENGE**